### **CARING, HANDLING & EMPOWERING PWDs**



Josephine Robredo Bundoc, MD

Program Director, Walking Free Philippines

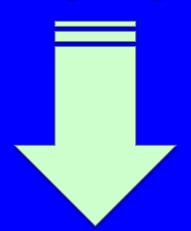
Professor, UP and UERMMMCI College of Medicine



HANDLING



RESPECT



**EMPOWERING** 

### DISABILITY

Restriction or lack of ability to perform an activity in the manner of or within the range considered normal for human being

### 16 per 1,000 has DISABILITY

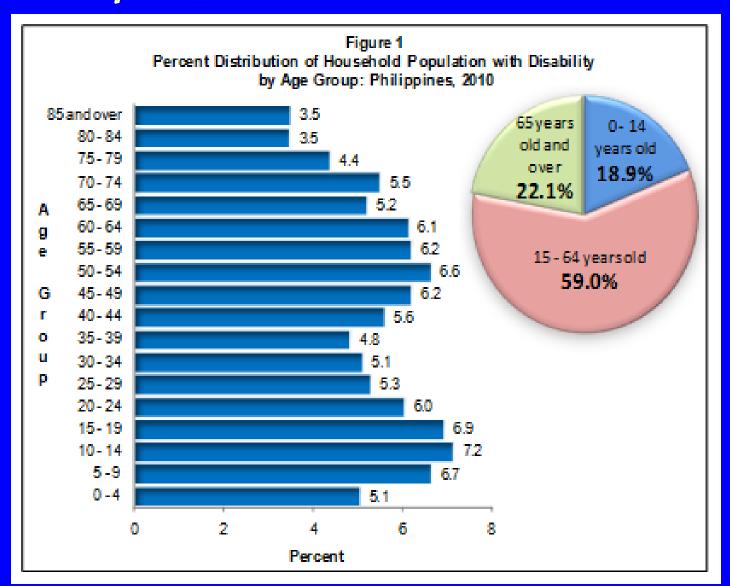
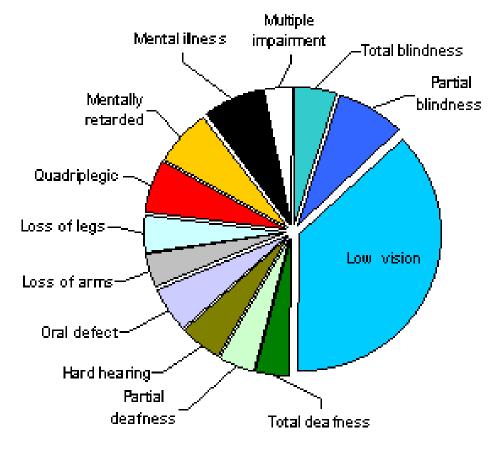


Figure 1
Percent Distribution of Population by Type of Disability,
Philippines: 2000



- 1. Vision
- 2. Hearing
- 3. Mobility

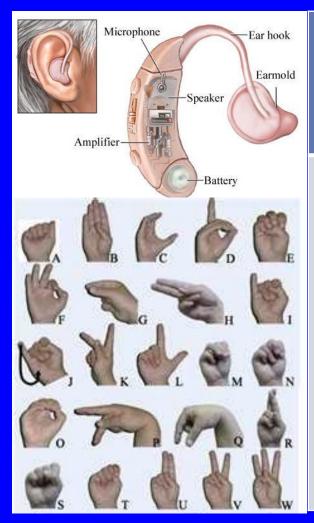
### **VISION**

**Low Vision** 

Blindness

Visual acuity Visual acuity of  $< 6/18 \text{ but } \ge \text{ of } < 3/60$ 3/60

### HEARING



Hearing Loss

Hard of Hearing

Deaf

Diminished sensitivity to sounds normally heard

Acquired hearing loss on the latter part of their lives

Inability to understand speech & sound even in the presence of amplification

### **MOBILITY**













- Pain
- Aging
- Heart & LungDisease
- Imbalance
- Spine Injury
- Sensory Loss
- Blindness
- Hearing Loss
- Incoordination

### **DISABILITY**

ACTIVITY LIMITATIONS ENVIRON

MENT & SOCIETY

that restricts participation

VISION
HEARING
MOBILITY

# I am hard of hearing. Please face me. Speak clearly.



- Do not shout
- Tap shoulder to draw attention
- Use sign language or non verbal communication
- Maintain eye contact



## I can see. I just do it differently.



- Thank you for asking if I need assistance
- Just tap my hand and I will hold your elbow or shoulder
- Walk one step ahead of me, pausing to change directions
- Let me hold on to something in case you need to leave
- I am ready to seat once you put my hand on the chair's back or armrest

### DISABILITY is UNIVERSAL

- Do not be a barrier!
- Put yourself in their shoes
- Render patience and understanding --- not pity!
- Many have adapted ---allow them to do things differently
- Casually ask if you can be of assistance
- Above all else, BE RESPECTFUL

### **ACTIVE**

### **EMPOWERED**

• EMANCIPATORY MODEL

- Disability Assessor
- Service Provider
- Quality Controller
- Compliance Overseer

**PASSIVE** 

#### **WISH LIST**

- 1. Accessibility features
- 2. Computers with On line access to E Books, audiobooks
- 3. Sensitivity & Awareness of Personnel
- 4. Research materials on Disability
- 5. Vernacular translations